

FIG. 3

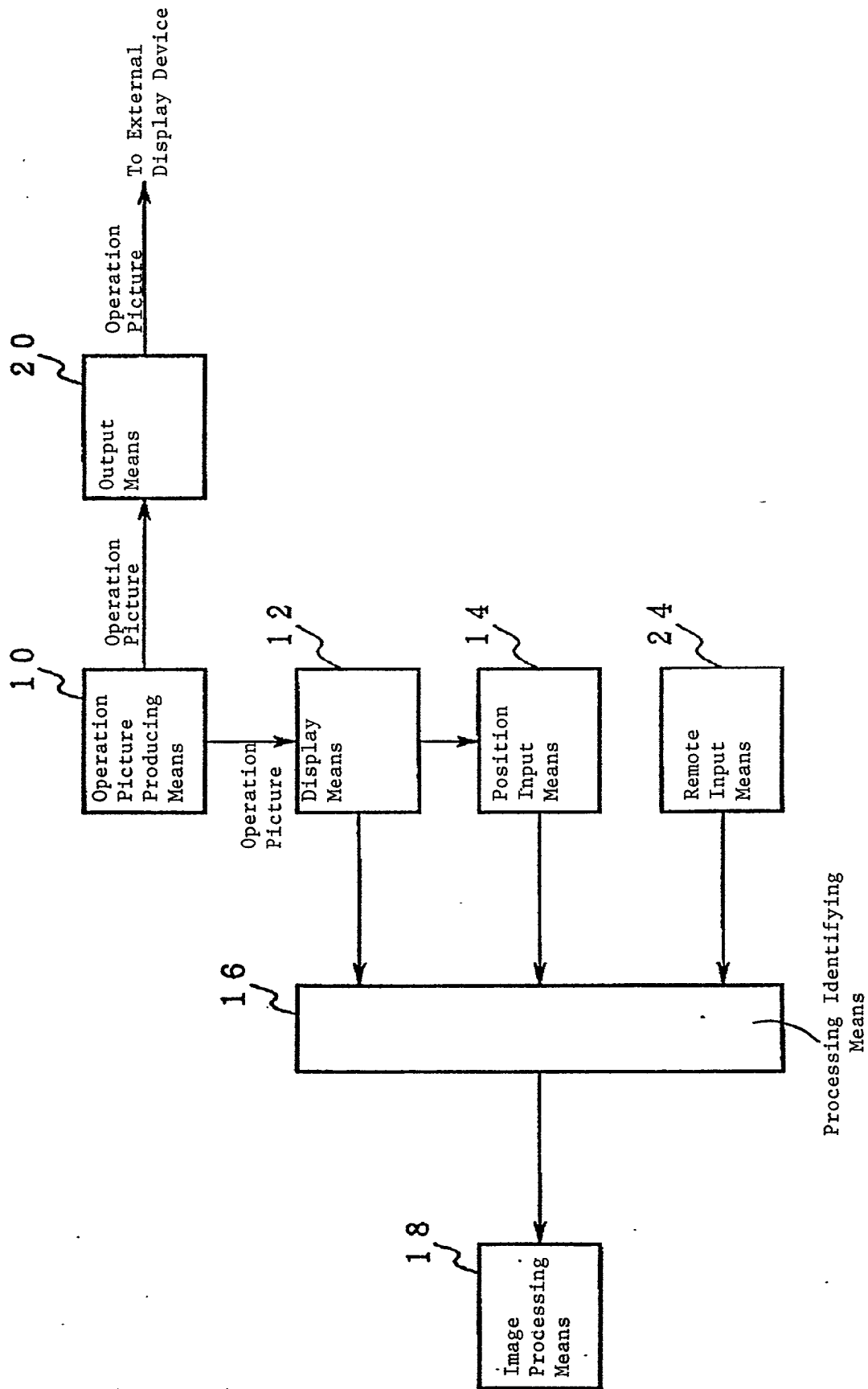
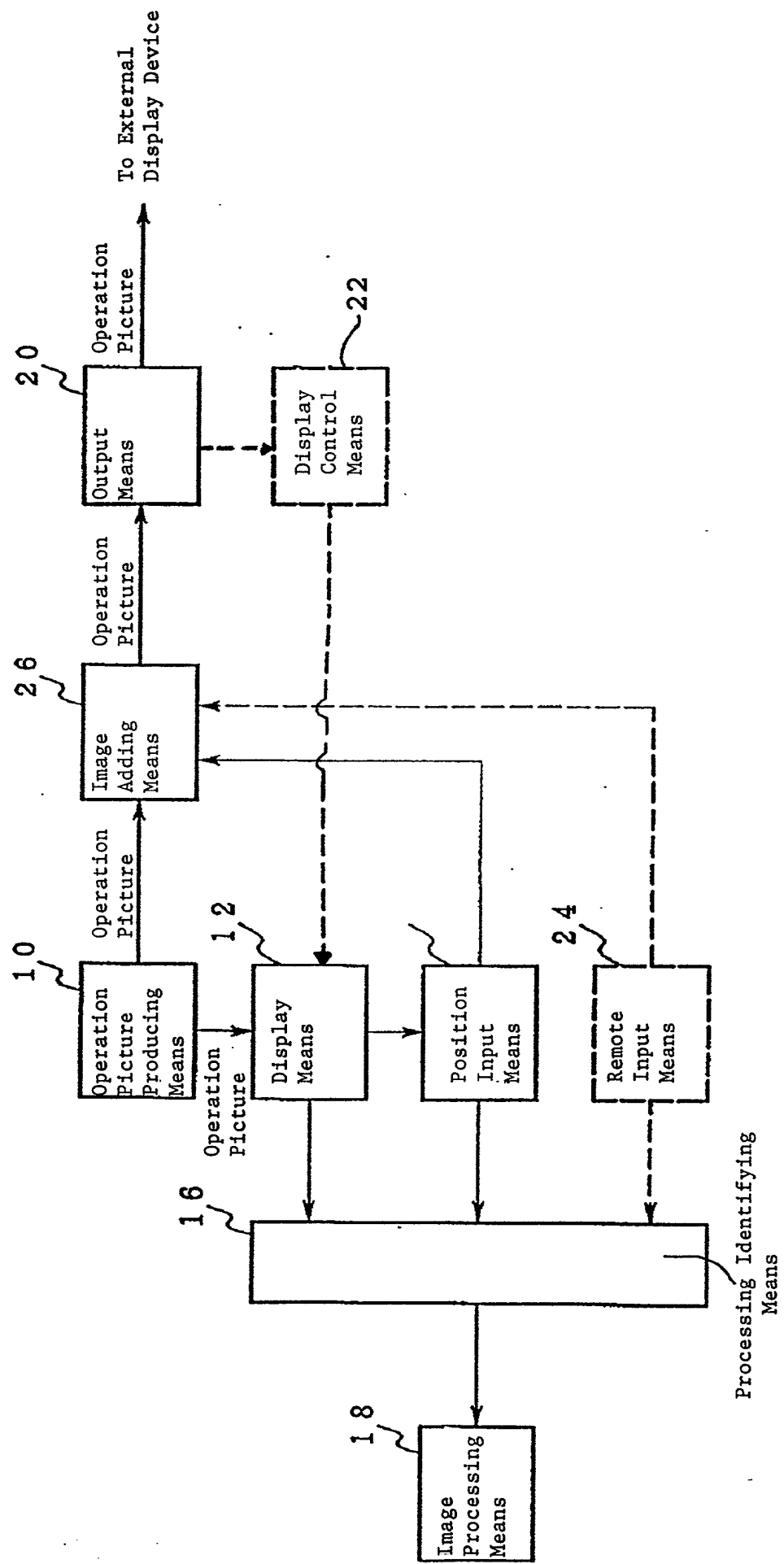


FIG. 4
Block Diagram



Variable	Mean	SD	Min	Max
Age	34.5	10.2	21	55
Gender	0.5	0.5	0	1
Marital status	0.6	0.5	0	1
Education	12.5	1.5	9	16
Income	1500	500	500	3000
Health status	0.8	0.2	0	1
Smoking status	0.3	0.5	0	1
Alcohol consumption	0.2	0.4	0	1
Exercise frequency	0.5	0.5	0	1
Stress level	0.7	0.3	0	1
Sleep quality	0.6	0.4	0	1
Work satisfaction	0.5	0.5	0	1
Life satisfaction	0.6	0.4	0	1
Depression score	0.3	0.5	0	1
Anxiety score	0.2	0.4	0	1
Loneliness score	0.4	0.5	0	1
Self-esteem score	0.5	0.5	0	1
Resilience score	0.6	0.4	0	1
Optimism score	0.5	0.5	0	1
Gratitude score	0.4	0.5	0	1
Forgiveness score	0.3	0.5	0	1
Empathy score	0.5	0.5	0	1
Compassion score	0.4	0.5	0	1
Kindness score	0.3	0.5	0	1
Generosity score	0.2	0.4	0	1
Patience score	0.4	0.5	0	1
Self-control score	0.5	0.5	0	1
Emotional stability score	0.6	0.4	0	1
Psychological well-being score	0.5	0.5	0	1
Overall life quality score	0.5	0.5	0	1

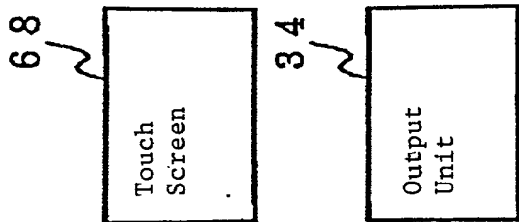


Fig. 6

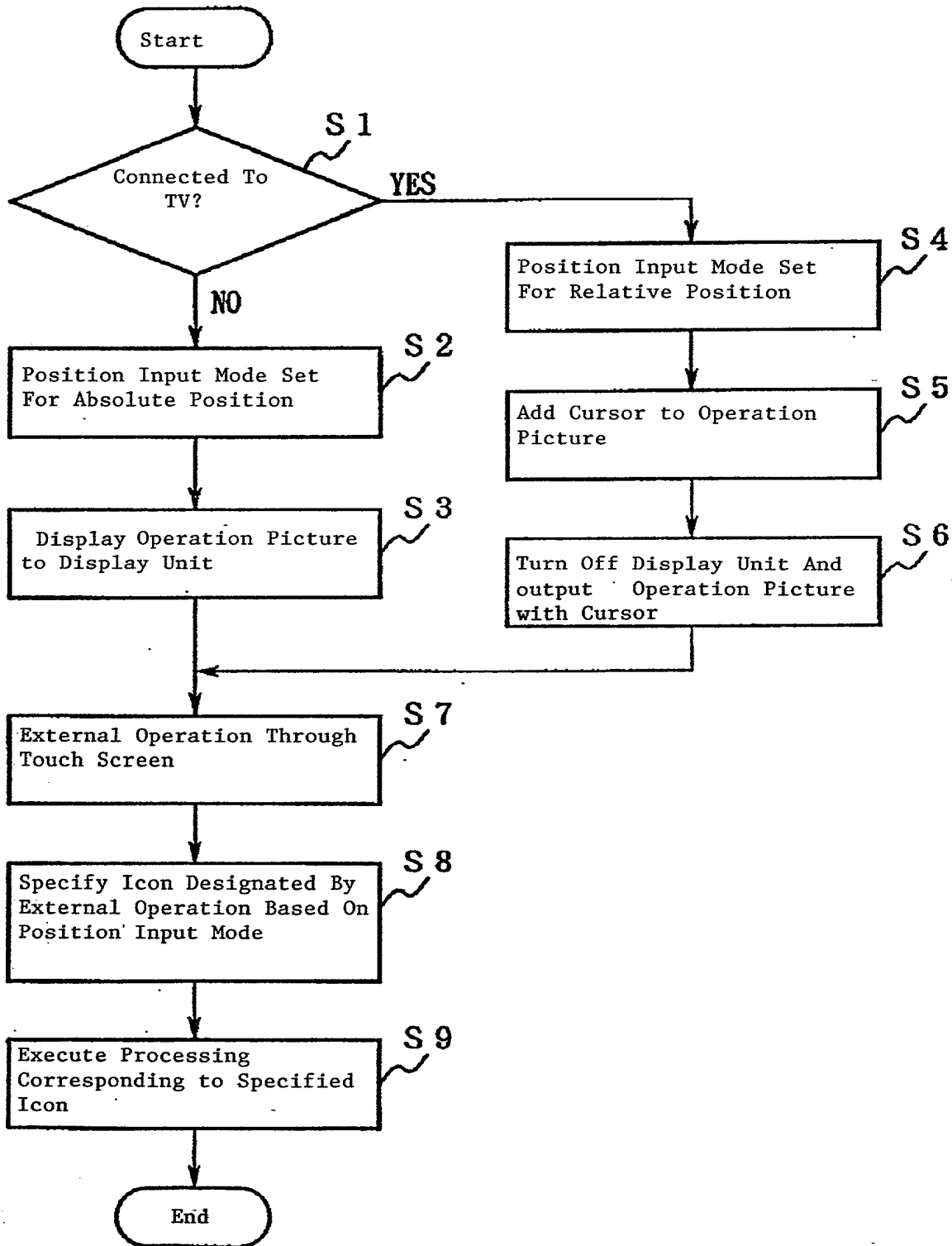


FIG. 7

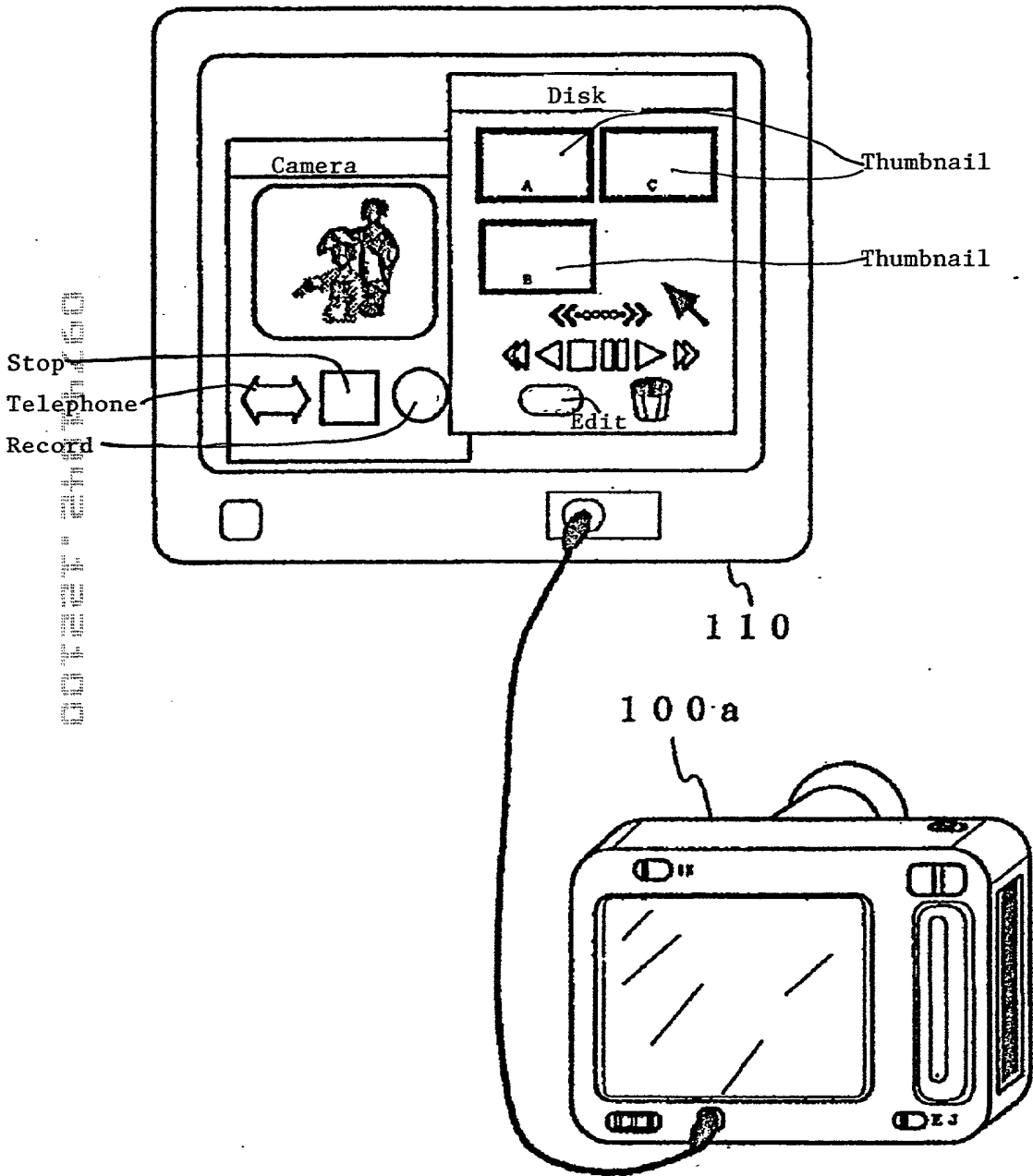


FIG. 8

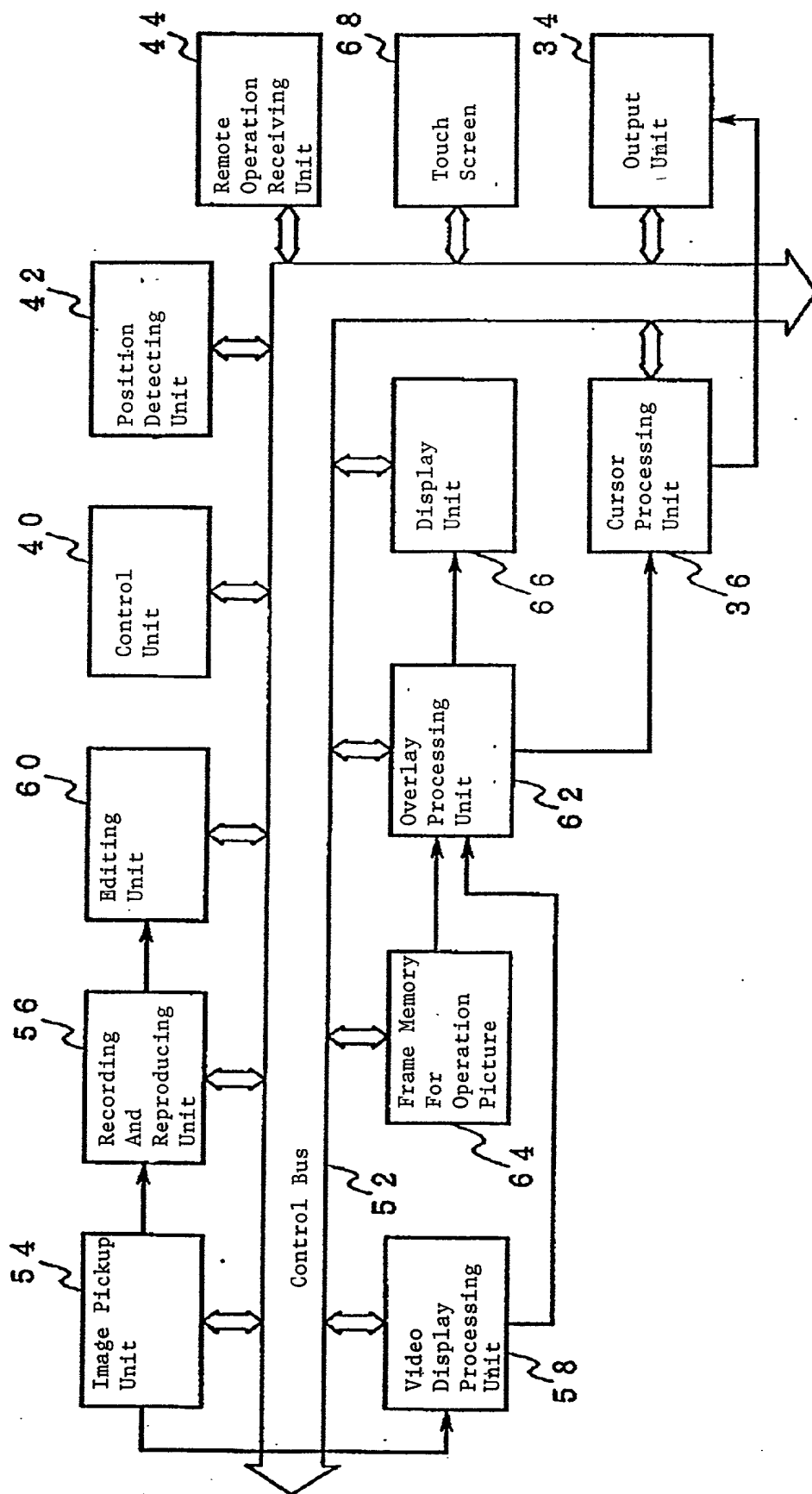


FIG. 9

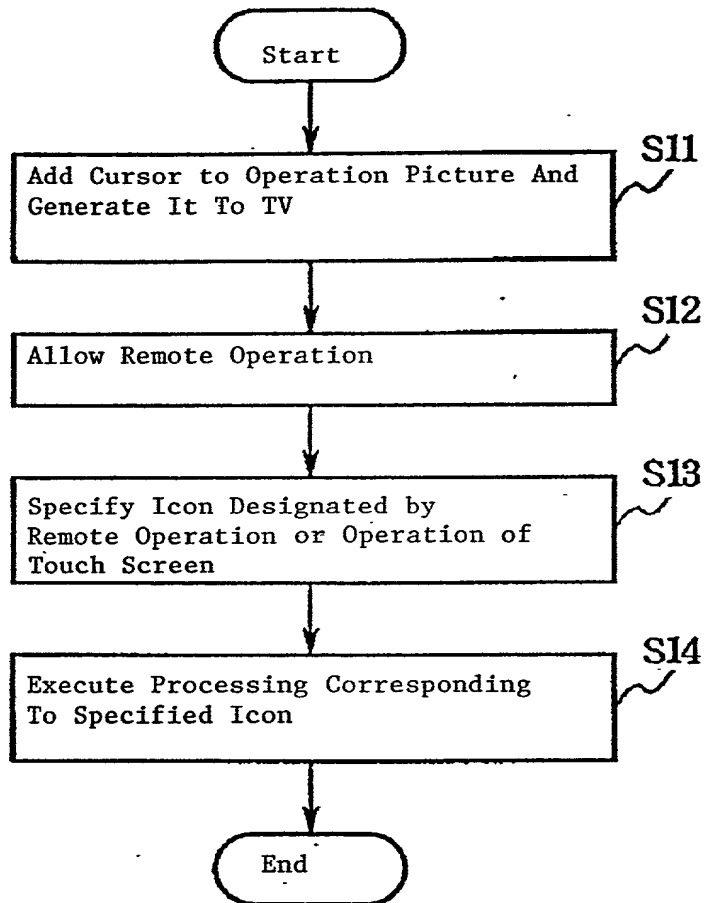
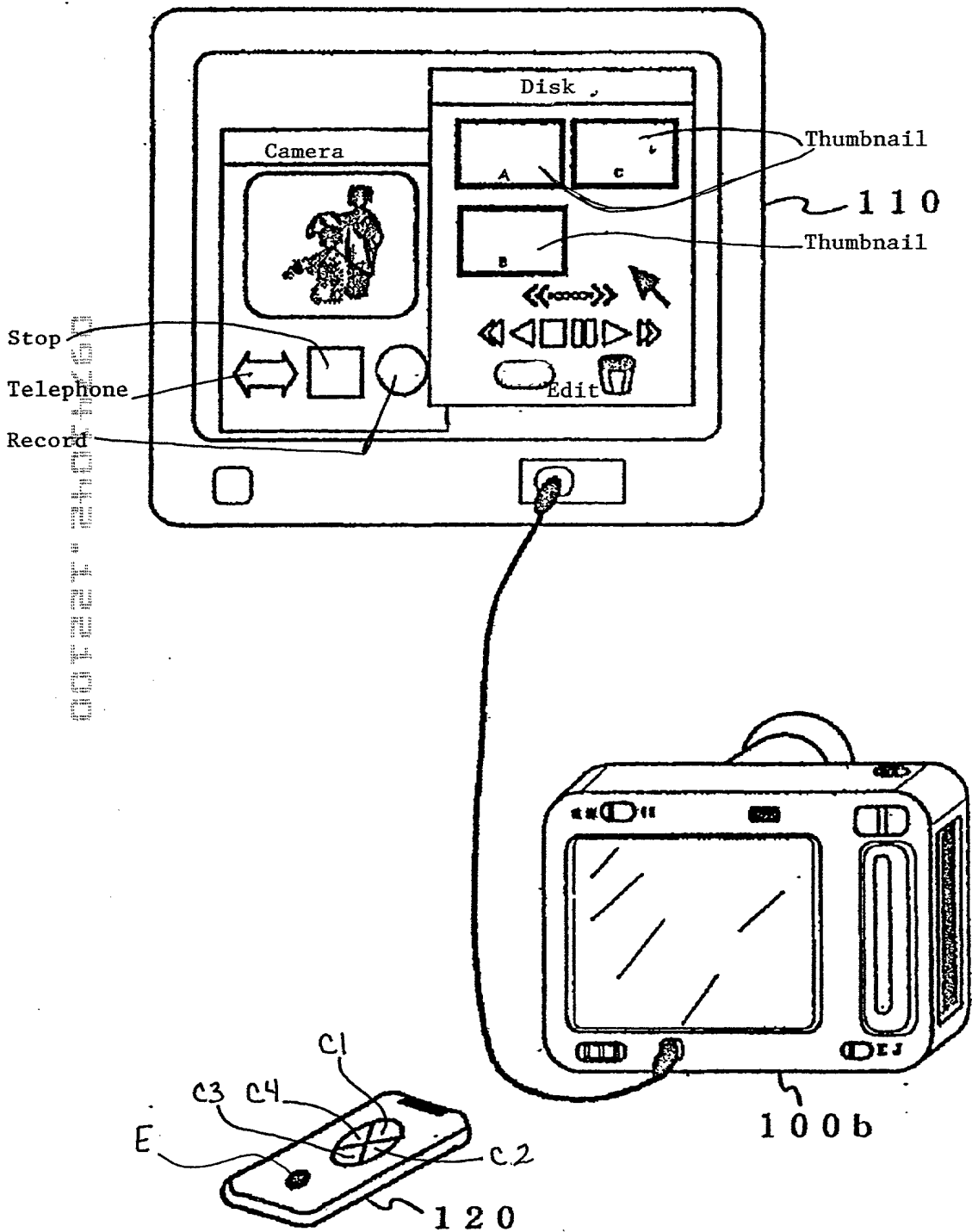


Fig. 10



Variable	Mean	Standard Deviation	Minimum	Maximum
Age	34.5	10.2	21	55
Gender	0.5	0.5	0	1
Marital Status	0.6	0.5	0	1
Education	12.5	1.5	10	15
Income	3500	1500	1000	7000
Health	0.8	0.2	0	1
Smoking	0.3	0.5	0	1
Alcohol	0.2	0.4	0	1
Exercise	0.4	0.5	0	1
Stress	0.6	0.5	0	1
Sleep	0.7	0.3	0	1
Diet	0.5	0.5	0	1
Work	0.8	0.2	0	1
Family	0.6	0.5	0	1
Friends	0.7	0.4	0	1
Hobbies	0.5	0.5	0	1
Travel	0.4	0.5	0	1
Shopping	0.6	0.5	0	1
Reading	0.5	0.5	0	1
TV	0.7	0.4	0	1
Music	0.6	0.5	0	1
Gardening	0.4	0.5	0	1
Cooking	0.5	0.5	0	1
Volunteering	0.3	0.5	0	1
Religion	0.5	0.5	0	1
Politics	0.4	0.5	0	1
Environment	0.6	0.5	0	1
Technology	0.7	0.4	0	1
Art	0.5	0.5	0	1
Sports	0.6	0.5	0	1
Travel	0.4	0.5	0	1
Shopping	0.6	0.5	0	1
Reading	0.5	0.5	0	1
TV	0.7	0.4	0	1
Music	0.6	0.5	0	1
Gardening	0.4	0.5	0	1
Cooking	0.5	0.5	0	1
Volunteering	0.3	0.5	0	1
Religion	0.5	0.5	0	1
Politics	0.4	0.5	0	1
Environment	0.6	0.5	0	1
Technology	0.7	0.4	0	1
Art	0.5	0.5	0	1
Sports	0.6	0.5	0	1

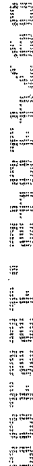


FIG. 12

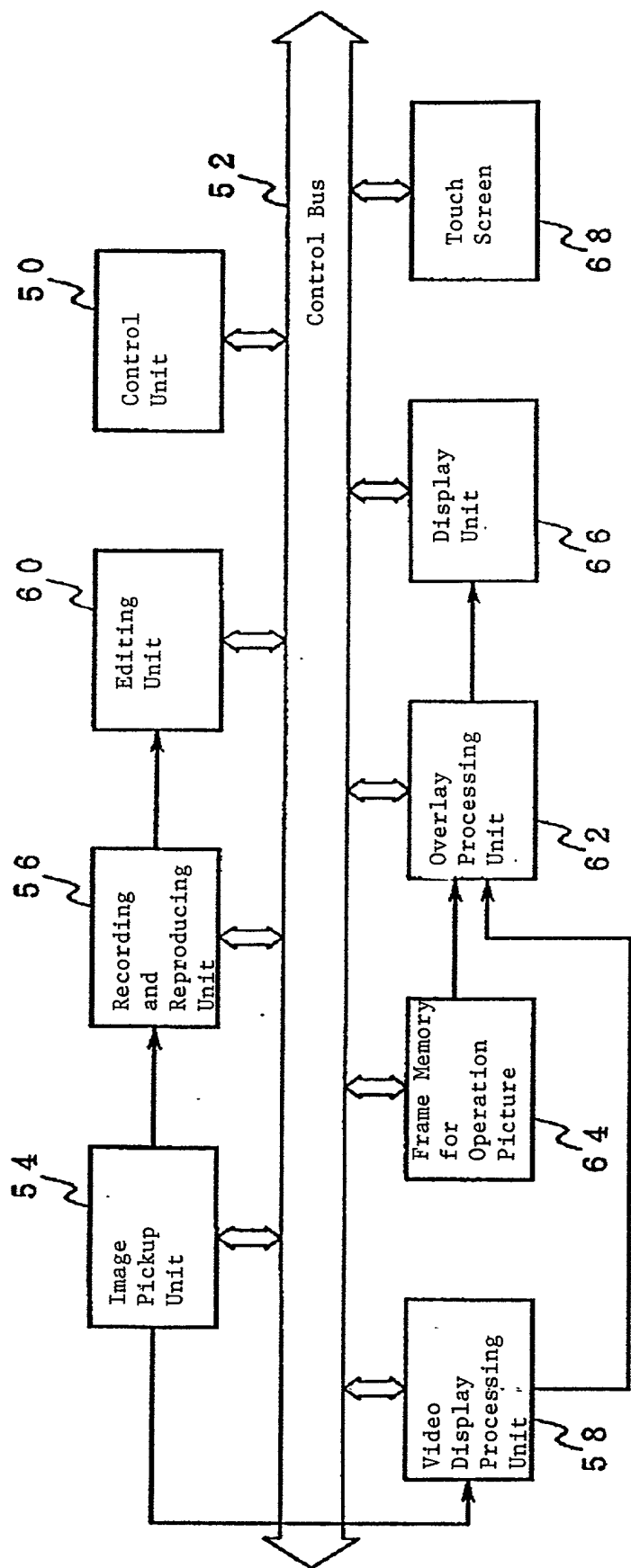


FIG. 13

